

## Questions to Ask Your Doctor about Transplant

If a bone marrow or cord blood transplant is a treatment option for your disease, your doctor will refer you to a transplant doctor for a consultation. You may want to bring a list of questions to ask. You can print this list and add your own questions to it. Some questions you might ask about transplant include:

- Do you recommend an autologous transplant (which uses the patient's own cells) or an allogeneic transplant (which uses cells from a family member, unrelated donor or cord blood unit)? Why?
- When do you recommend a transplant? What are the risks of waiting or trying other treatments first?
- If an allogeneic transplant is recommended:
  - Which family members will you test as possible donors?
  - Is a transplant using an unrelated donor or a cord blood transplant an option for me?
  - Is a reduced-intensity transplant an option for me?
- How long will I be in the hospital?
- What do you think the chances are that my transplant will be successful?
- Is there anything about my health or disease that makes my transplant more risky?
- What are the possible complications in the first few months, first year and over the long term?
- What steps will you take to try to prevent these complications and how will you treat them if they occur?